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PRESS RELEASE

NON-FICTION BOOK PUBLISHED ON LOVE, LOSS AND GRATITUDE

Leaving the Life: A True Story of Love, Loss and Gratitude by Patrick McKenna Lynch Smith was published in 2013 by Chimalis LLC. This memoir is a brutally honest exploration of love, pain, faith, loss and survival.

Leaving the Life chronicles the tragic circumstances of Patrick and Claudia, as they are forced to make terrible choices in response to a shocking diagnosis. In the midst of grief, the author touches the cheek of madness, but manages to escape the embrace. There is an unexpected happy ending that not even the author saw coming. Smith said, "While, in the end, it was an honor and a privilege to have this experience, I hope to never have another one like it. I wrote the book to save my life. I hope it will move, touch and inspire others."

Leaving the Life is available on the author's website www.patrickmlsmith.com, through libraries and bookstores, and also on Amazon.com. (Available in paperback: ISBN 978-0-9890086-9-3, 398 pages, \$10.95 and as an eBook, eISBN 978-0-9890086-8-6, \$5.99)

Like his wife Claudia Vincenti, Patrick Smith graduated from New Canaan High School, in New Canaan, CT. Claudia graduated from the University of Connecticut, and worked at Logee's Greenhouses and Crabtree & Evelyn in Woodstock CT. The couple owned an antique house in Killingly CT for 22 years before moving to Woodstock CT in 2007. The author graduated from the University of Colorado with a B.S. in Anthropology. In between writing, he has worked as a commercial fisherman and in the building trades.



Smith served as a guest lecturer at Laurelynn Martin's "Write Your Life" seminars, was selected for a scholarship for the prestigious Bread Loaf Writer's Conference, and has written marketing copy. The author is available for speaking engagements, book readings and signings. Smith is currently working on a novel.